



LKN 2018 Coaching Assignments

Director of Coaching	
Abbey Worrell	

Assistant Director of Coaching	
Wendy Rusk	

LKN 18 Elite	
Head Coach:	Al Arrington
Asst Coach:	Katie Beecher

LKN 14 Elite	
Head Coach:	Vicky Arrington
Asst Coach:	Coreen Norwood

LKN 17 Elite	
Head Coach:	Veronica Elfe
Asst Coach:	Alex Viera

LKN 14 Select	
Head Coach:	Dave Rusk
Asst Coach:	Wendy Rusk Maria Rajajesak

LKN 16 Elite	
Head Coach:	Brian Bistriech
Asst Coach:	Heather Wilson

LKN 14 Plus Hahna	
Head Coach:	Hahna Hayden
Asst Coach:	Lauren Stewart

LKN 16 Select	
Head Coach:	Taylor Houser
Asst Coach:	TBA

LKN 14 Plus Megan	
Head Coach:	Megan Sirbaugh
Asst Coach:	Matalee Reed

LKN 15 Elite	
Head Coach:	Sondra Parys
Asst Coach:	Meredith Furr

LKN 13 Select	
Head Coach:	Molly Gwaltney
Asst Coach:	Natalie Neiman

LKN 15 Select	
Head Coach:	Kadi Ostwalt
Asst Coach:	Chelsea Ellis

LKN 13 Plus	
Head Coach:	Andy Cook
Asst Coach:	KJ Jackson

LKN 15 Plus	
Head Coach:	TBA
Asst Coach:	TBA

LKN 12 Plus	
Head Coach:	Stacy Boerma
Asst Coach:	Taija Smith

****All assignments subject to change****